

Resources for Implicit/Unconscious Bias

Developed by Dena Samuels, PhD

Uncover your own biases: Take a Test!

Implicit Association Test – Harvard University’s Project Implicit

<https://implicit.harvard.edu/implicit/selectatest.html>

Journal Article

Mindfulness and IAT – “Mindfulness Meditation Reduces Implicit Age and Race Bias”

<http://spp.sagepub.com/content/early/2014/11/24/1948550614559651.abstract>

Resources

AAUW – How to Fight Your Own Implicit Biases

<http://www.aauw.org/2016/03/30/fight-your-biases/>

Kiwani Institute – Understanding Implicit Bias

<http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/>

NeuroLeadership Institute – Breaking Workplace Bias at the Source

https://neuroleadership.com/wp-content/uploads/2015/03/Breaking-Workplace-Bias-at-its-Source_Rock_17Mar15.pdf

WOL – Within Our Lifetime – A Toolkit to Combat the Impact of Implicit Bias

<http://www.withinourlifetime.net/2014campaign/Toolkit/index.html>

Videos

Alan Alda YouTube – Scientific American Frontiers: The Hidden Prejudice

<https://www.youtube.com/watch?v=2RSVz6VEybk>

Verna Myers YouTube – “How to Overcome Our Biases? Walk Boldly Toward Them”

<https://www.youtube.com/watch?v=uYyvbglNZkQ>

John Powell – “Implicit Bias, Structural Racialization, and Disparate Outcomes”

<https://vimeo.com/31799701>

Books

Banaji, M. R., & Greenwald, A. G. (2013). *Blindspot: Hidden biases of good people*. Delacorte Press.

Ross, H. J. (2014). *Everyday bias: Identifying and navigating unconscious judgments in our daily lives*. Rowman & Littlefield.